



CLUB YOUR
WORX
for better
HEALTH.

Personal Training: The Answer for Every Body

If this sounds like you...

"I've tried everything. Nothing works for me."

"I need new motivation and challenge."

"I don't know what exercises are the best to help me reach my goals."

"I have reached a plateau and need help getting to the next level."

Then...

Working in a **customized, one-on-one setting** with a nationally certified personal trainer at Clubworx is the fastest, most efficient way to break through your barriers.

- Experience consistent motivation
- Learn new, dynamic, challenging workouts
- Achieve results like never before
- Monthly payment plans available
- 30- and 60-minute session options

Get the
results you have
always wanted
from your
workouts!

Call Molly Land,
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clubworx.net