


Group Exercise February 2012

	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>	
	<p><i>Make sure to check out the new or substitute classes in BOLD!!</i></p>		<p>1 5:30 N10c Beverly 8:30 M Gwen 9:30 CT Mica 9:30 RM Gene 10:30 P Kate 12:00 C&M Ellery</p> <p>5:30 CC Leslie 6:15 BP Andrea 7:30 Z Erin</p>	<p>2 8:30 SM Ellery 9:30 TTT Maggie 10:30 BP Maggie</p> <p>5:30 S Mica 6:00 RM75 Kathy 6:30 BC Andrea 7:30 Y Sarah</p>	<p>3 5:30 BF Stacey 8:30 Y Michelle 9:30 RM Beverly 9:30 N10c Kathy 9:30 BC Deanna 9:30 Z (Gym) Erin 10:30 P Kathy 12:00 BP Ellen</p>	<p>4 8:30 Y Sarah 9:30 RM Kathy 9:30 BC Paige 9:30 Family Zumba (8 yrs & up - GYM) Erin 10:30 BP Andrea 11:30 CX Andrea</p>	
5	<p>1:00 BC Paige 2:00 BF Stacey</p>	<p>6 5:15 BP Ellen 8:30 M Beverly 9:30 S Mica 9:30 N10c Beverly 10:30 Y Maura 12:00 CT Kate</p> <p>5:30 BP Deanna 6:30 RM Sarah 6:30 BC Andrea 7:30 BF Stacey</p>	<p>7 5:30 RM Amy 7:00 MG Gwen 8:30 SM Mica 9:30 BC Deanna 9:30 TS Kate 10:30 BP Kate</p> <p>5:30 Z Erin 5:30 RM Gene 6:30 Y Debra 7:30 S Mica</p>	<p>8 5:30 N10c Beverly 8:30 M Gwen 9:30 CT Kathy 9:30 RM Michelle 10:30 P Maura 12:00 C&M Ellery</p> <p>5:30 CC Paige 6:15 BP Andrea 7:30 Z Erin</p>	<p>9 5:15 CX Andrea 8:30 SM Ellery 9:30 TTT Mica 10:30 BP Ellen 11:30 CX Mindy</p> <p>5:30 S Mica 6:00 RM Beverly 6:30 BC Andrea 7:30 Y Maura</p>	<p>10 5:30 BF Stacey 8:30 Y Maura 9:15 RM75 Kathy 9:30 N10c Ellen 9:30 BC Leslie 9:30 Z (Gym) Erin 10:30 BF Kate 12:00 BP Mindy</p>	<p>11 8:30 Y Debra 8:30 N10c Beverly 9:30 Rev/Run Gene 9:30 Family Zumba (8 yrs & up - GYM) Erin 10:30 BP Maggie</p>
12	<p>1:00 BP Andrea 2:00 BC Paige</p>	<p>13 5:15 BP Kate 8:30 M Lisa 9:30 S Mica 9:30 N10c Amy 10:30 Y Michelle 12:00 CT Ellen</p> <p>5:30 BP Maggie 6:30 RM Beverly 6:30 BODYCOMBAT LAUNCH 50 7:30 BF Stacey</p>	<p>14 5:30 RM Paty 7:00 MG Gwen 8:30 SM Lisa 9:30 BC Leslie/Deanna 9:30 TS Lisa 10:30 BP Mindy 11:30 CX Kate</p> <p>5:30 Z Erin 5:30 RM75 Gene 6:30 Y Debra 7:30 S Mica</p>	<p>15 5:30 N10c Beverly 8:30 M Gwen 9:30 CT Mica 9:30 RM Gene 10:30 P Kate 12:00 C&M Ellery</p> <p>5:30 CC Mica 6:15 BP Andrea 7:30 Z Erin</p>	<p>16 8:30 SM Ellery 9:30 TTT Kate 10:30 BP Deanna</p> <p>5:30 S Mica 6:00 RM Sarah 6:30 BC Andrea/Paige 7:30 Y Deb</p>	<p>17 5:30 BF Stacey 8:30 Y Michelle 9:30 RM Kathy 9:30 N10c Kate 9:30 BC Deanna/Leslie 9:30 Z (Gym) Erin 10:30 BF Kate 12:00 BP Ellen</p> <p style="text-align: center;">6:00-8:00PM Zumba Party!!!</p>	<p>18 8:30 Y Maura 9:30 RevN10c Amy 9:30 S Mica 9:30 Family Zumba (8 yrs & up - GYM) Erin 10:30 BP Maggie</p>
19	<p>1:00 BC Paige 2:00 BP Kate 3:00 CX Kate</p>	<p>20 5:15 BP Mindy 8:30 M Beverly 9:30 S Mica 9:30 N10c Beverly 10:30 Y Maura 12:00 CT Kathy</p> <p>5:30 BP Maggie 6:30 RM Beverly 6:30 BC Paige/Andrea 7:30 BF Stacey</p>	<p>21 5:30 RM Amy 7:00 MG Gwen 8:30 SM Beverly 9:30 BC Deanna/Leslie 9:30 TS Beverly 10:30 BP Maggie</p> <p>5:30 Z Erin 5:30 RM Gene 6:30-8:00 Adv. Yoga Debra</p>	<p>22 5:30 N10c Beverly 8:30 M Gwen 9:30 CT Lisa 9:30 RM Michelle 10:30 P Maura 12:00 C&M Ellery</p> <p>5:30 CC Paige 6:15 BP Andrea 7:30 Z Erin</p>	<p>23 5:15 CX Mindy 8:30 SM Ellery 9:30 TTT Mica 10:30 BP Kate 12:00 CX Kate</p> <p>5:30 S Mica 6:00 RM Kathy 6:30 BC Andrea/Deanna 7:30 Y Debra</p>	<p>24 5:30 BF Stacey 8:30 Y Maura 9:30 RM Kathy 9:30 N10c Lisa/Deanna 9:30 BC Leslie 9:30 Z (Gym) Erin 10:30 BF Kate 12:00 BP Ellen</p>	<p>25 8:30 Y Debra 8:30 N10c Beverly 9:30 Rev/Run Gene 9:30 BC Paige/Leslie 10:30 BP Mindy 11:30 CX Mindy</p> <p style="color: red;">Added: 9:30 Family Zumba (8 yrs & up - GYM) Doris</p>
26	<p>1:00 BP Mindy 2:00 BF Stacey</p>	<p>27 5:15 BP Ellen 8:30 M Mica 9:30 S Mica 9:30 N10c Amy 10:30 Y Michelle 12:00 CT Lisa</p> <p>5:30 BP Andrea 6:30 RM Beverly 6:30 BC Deanna 7:30 BF Kate</p>	<p>28 5:30 RM Paty 7:00 MG Gwen 8:30 SM Lisa 9:30 BC Leslie 9:30 TS Gene 10:30 BP Deanna</p> <p>5:30 Z Erin 5:30 RM Gene 6:30 Y Debra 7:30 S Mica</p>	<p>29 5:30 N10c Beverly 8:30 M Gwen 9:30 CT Mica 9:30 RM Gene 10:30 P Kathy 12:00 C&M Ellery</p> <p>5:30 CC Mica 6:15 BP Andrea 7:30 Z Erin</p>	<div style="border: 1px solid black; padding: 10px; display: inline-block;"> <p style="color: red; text-align: center;">Want to know more about 30 minute core class CXWORX? Visit www.lesmills.com/cxworx</p> </div>		<p style="color: red;">Download this schedule and check out the events calendar online at www.clubworx.net</p>