

Clubworx Indoor Pool Schedule (revised 11/10)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time
5:00a								5:00a
5:30a								5:30a
6:00a				Adult Lap				6:00a
6:30a	Adult Lap	Adult Lap	Adult Lap	Swim	Adult Lap			6:30a
7:00a	Swim	Swim	Swim	5-8:30am	Swim	Adult Lap		7:00a
7:30a	5-9:15am	5-9:15am	5-9:15am		5-9:15am	Swim		7:30a
8:00a						7-8:30am		8:00a
8:30a								8:30a
9:00a				Group Classes 8:30-10:30am		Group Classes 8:30-10:30am		9:00a
9:30a	Group Classes 9:30am	Group Classes 9:30am	Group Classes 9:30am		Group Classes 9:30am			9:30a
10:00a							Adult Lap	10:00a
10:30a	Modified Open Swim 10:30am-12pm	Modified Open Swim 10:30am-12pm	Modified Open Swim 10:30am-12pm	Modified Open Swim 10:30am-12pm	Modified Open Swim 10:30am-12pm	Modified Open Swim 10:30am-12pm	Swim 10am-12pm	10:30a
11:00a								11:00a
11:30a								11:30a
12:00p	Adult Swim 12-1pm	Adult Swim 12-1pm	Adult Swim 12-1pm	Adult Swim 12-1pm	Adult Swim 12-1pm			12:00p
12:30p								12:30p
1:00p			Maintenance - Closed					1:00p
1:30p						Possible Swim Parties (Call front desk)		1:30p
2:00p	Modified Open Swim 1-4:45pm	Modified Open Swim 1-6pm	Modified Open Swim 1:30-4:45pm	Modified Open Swim 1-6pm	Modified Open Swim 1-7pm		Modified Open Swim 12-5:30pm	2:00p
2:30p								2:30p
3:00p								3:00p
3:30p								3:30p
4:00p								4:00p
4:30p						Modified Open Swim 12-6:30pm		4:30p
5:00p	Swim Club 4:45-5:45pm		Swim Club 4:45-5:45pm					5:00p
5:30p								5:30p
6:00p		Swim 6-6:45pm		Lessons 6-6:45pm	Make Ups 6-6:45pm			6:00p
6:30p								6:30p
7:00p	Group Classes 7-8pm	Group Classes 7-8pm	Adult Lap	Group Classes 7-8pm	Adult Lap Swim			7:00p
7:30p								7:30p
8:00p	Adult Lap	Adult Lap	Swim 7-9:30pm	Adult Lap				8:00p
8:30p	Swim 8-9:30pm	Swim 8-9:30pm		Swim 8-9:30pm				8:30p
9:00p								9:00p
9:30p								9:30p

* The Indoor Pool closes 1/2 hour prior to club closing