

Group Exercise September 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 5:30 N10c Beverly 8:30 M Gwen 9:30 CT Kate 9:30 RM Gene 10:30 P Kate 5:30 CC Beverly 6:15 BP Andrea	2 8:30 SM Ellery 9:30 TTT Mica 10:30 BP Ellen 12:00 CT Lisa 5:30 S Mica 6:00 RM Sarah 6:30 BC Andrea 7:30 Y Sarah	3 5:30 RM Paty 8:30 YM Michelle 9:30 CC Leslie 9:30 RM Beth 10:30 Y Maura	4 8:30 Y Sarah 8:30 N10c Lydia 9:30 RM Dee 9:30 BC Deanna 10:30 BP Andrea
	<div style="border: 1px solid black; padding: 5px;"> <p>Please Note: Monday evening times have changed slightly to ensure a smooth and timely transition between classes. Thank you!</p> </div>					
5	6 8:30 BP Kate 9:30 S Mica 9:30 N10c Beverly 10:30 Y Michelle Happy Labor Day!	7 8:30 SM Michelle 9:30 BC Deanna 9:30 TS Gene 10:30 BP Kate 5:30 Z Erin 5:30 RM Paty 6:30 Y Maura 7:30 S Donna	8 5:30 N10c Beverly 8:30 M Gwen 9:30 CT Mica 9:30 RM Beverly 10:30 P Maura 5:30 CC Mica 6:15 BP Andrea 7:30 Z Erin	9 8:30 SM Ellery 9:30 TTT Beverly 10:30 BP Deanna 12:00 CT Mica 5:30 S Leslie 6:00 RM Sarah 6:30 BC Paige 7:30 Y Sarah	10 5:30 RM Dee 8:30 YM Michelle 9:30 Z Erin 9:00 75 Min Rev Ride Gene 10:30 Y Maura	11 8:30 P Maura 8:30 N10c Beverly 9:30 RM Beverly 9:30 Z Erin 10:30 BP Ellen
12 1:30 BP Maggie	13 5:15 BP Mindy 8:30 M Lisa 9:30 S Mica 9:30 N10c Lisa 10:30 BODYFLOW 12:00 BP Kate 5:25 BC Deanna 6:30 RM Beverly 6:30 BODYFLOW	14 8:30 SM Donna 9:30 BC Leslie 9:30 TS Mindy 10:30 BP Deanna 5:30 Z Erin 5:30 75 Min Rev Ride Gene 6:30 Y Debra 7:30 S Donna	15 5:30 N10c Beverly 8:30 M Gwen 9:30 CT Beth 9:30 RM Kathy 10:30 P Kate 5:30 CC Leslie 6:15 BP Andrea 7:30 Z Erin	16 8:30 SM Ellery 9:30 TTT Maggie 10:30 BP Ellen 12:00 CT Lisa 5:30 S Mica 6:00 RM Dee 6:30 BC Andrea 7:30 Y Sarah	17 5:30 RM Paty 8:30 YM Lydia 9:30 CC Lydia 9:30 RM Michelle 10:30 Y Michelle	18 8:30 Y Sarah 8:30 N10c Stacey 9:30 RM Sarah 9:30 S Mica 10:30 BP Mindy
19 1:30 BP Ellen	20 5:15 BP Andrea 8:30 M Donna 9:30 S Mica 9:30 N10c Beth 10:30 Y Michelle 12:00 BP Ellen 5:25 BP Deanna 6:30 RM Beverly 6:30 BC Paige 7:35 P Donna	21 8:30 SM Michelle 9:30 BC Deanna 9:30 TS Beverly 10:30 BP Kate 5:30 Z Erin 5:30 RM Paty 6:30 Y Sarah 7:30 S Donna	22 5:30 N10c Beverly 8:30 M Gwen 9:30 CT Mica 9:30 RM Gene 10:30 P Maura 5:30 CC Mica 6:15 BP Maggie 7:30 Z Erin	23 8:30 SM Ellery 9:30 TTT Mica 10:30 BP Deanna 12:00 CT Mica 5:30 S Leslie 6:00 RM Sarah 6:30 BC Andrea 7:30 Y Maura	24 5:30 RM Dee 8:30 YM Lydia 9:30 Z Erin 9:00 75 Minute Rev Ride Amy 10:30 Y Michelle	25 8:30 P Stacey 8:30 N10c Amy 9:30 RM Gene 9:30 BC Paige 10:30 BP Ellen
26 1:30 BP Mindy	27 5:15 BP Ellen 8:30 M Lisa 9:30 S Mica 9:30 N10c Beverly 10:30 Y Maura 12:00 BP Kate 5:25 BP Maggie 6:30 RM Beverly 6:30 BC Paige 7:35 P Stacey	28 8:30 SM Donna 9:30 BC Leslie 9:30 TS Mindy 10:30 BP Deanna 5:30 Z Erin 5:30 RM Gene 6:30 Y Deb 7:30 S Donna	29 5:30 N10c Beverly 8:30 M Gwen 9:30 CT Beverly 9:30 RM Amy 10:30 P Kate 5:30 CC Leslie 6:15 BP Andrea 7:30 Z Erin	30 8:30 SM Ellery 9:30 TTT Lisa 10:30 BP Ellen 12:00 CT Beth 5:30 S Mica 6:00 RM Sarah 6:30 BC Andrea 7:30 Y Sarah		